



THE WHITE HATTER

Parent Presentation Notes

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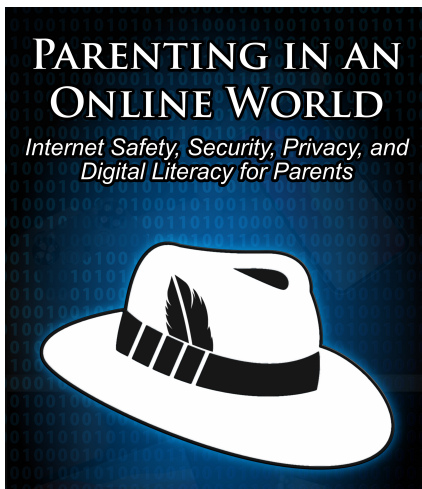


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Online Parenting Book



When we first decided to write, we struggled with publishing a traditional book or a web book. Given how the “onlife world” is constantly changing, we feared the contents of a traditionally published book would quickly become outdated. For those who have never heard of the term “onlife world”, it was originally coined by Professor Luciano Floridi at the University of Oxford, to describe the impact of information and communications technologies upon the human condition.

<https://thewhitehatter.ca/online-parenting-book/>

Our Blog



We do our best to provide in-depth content on particular topics. Our White Hatter blog is where that all that happens.

<https://www.thewhitehatter.ca/blog>

Newsletter



Sign up for our monthly email newsletter. This is a condensed summary of all the important updates, news, and events happening with The White Hatter and links to new, relevant resources. [HERE](#)

Free YouTube Show



Join us every Sunday for our weekly White Hatter YouTube Live Show where we discuss all things digital live online. This is a great opportunity for families to watch together and learn about new challenges with technology, but it's also a chance to learn about the cool, beneficial things. If you can't make it, the show is saved on our YouTube channel afterwards.

<https://www.youtube.com/thewhitehatter>

Parenting In An Online World Podcast



Presented by The White Hatter, and hosted by Darren Laur, a multi-award-winning social media safety and digital literacy advocate. We strive to provide parents, caregivers, educators, and law enforcement with a more holistic approach to online safety in an enlightening and not frightening way, based on facts and not fear. We will provide listeners with real-world examples, experiences, and evidence-based research that will help to keep our kids safer when they are navigating today's online world.

<https://thewhitehatter.ca/podcast/>

Remember, internet safety and digital literacy is a holistic approach that encompasses emotional, psychological, legal, physical, and technical aspects. Solely focusing on technical problems and solutions will have you miss the majority of the other concerns we all need to be aware of today.

Regardless of a few concerns that might occur with today's technology. These are tools that each individual can use for desirable and less than desirable action.

Tools Mentioned

Learn the Language of the Internet:

www.netlingo.com

www.noslang.com

www.emojipedia.org

www.tagdef.com

Internet / Social Media / Device Family Contract



This is an agreement document between a child and parental authority. The idea of this document is to set clear boundaries and rules in regards to technology and the Internet. In addition, teach the child about terms of services associated with software and hardware.

<https://thewhitehatter.ca/family-internet-device-contract/>

Due Diligence Report



Often kids download apps because everyone else is, and don't think critically about some of the consequences of doing so. Here's a great exercise that will help create critical thinking skills surrounding security, privacy, data, digital literacy. Before you allow your kid or teen to download an app onto their device, have them complete this exercise by providing you with answers to the following questions.

<https://thewhitehatter.ca/due-diligence-report/>

Messaging App For Families



"We're a group of moms, dads, aunts and uncles, and we're building the kind of technology we want to share with our own families."

<https://kinzoo.com/>

Monitoring and Filtering Tools

<https://www.thewhitehatter.ca/monitoring-and-filtering-tools>

Parental Controls Guide

Bark@matic parental control automatic guide <https://bark-o-matic.com/>

Apple Family Sharing



“With Family Sharing, the organizer can set up parental controls for children in the Family Sharing group. You can use Screen Time to manage how your children use their Apple devices. You can also turn on Ask to Buy, so children must receive approval for purchases or free downloads.”

<https://www.apple.com/ca/family-sharing/>

Google Android Family Link



Google Family Link

“With Family Link, you decide what’s best for your family. Easy to use tools allow you to understand how your child is spending time on their device, share location, manage privacy settings, and more.*”

<https://families.google/familylink/>

When to Be Concerned As A Parent

Look for groups of these behaviors

- Your child spends a large amount of time online, especially at night
- Your child changes the screen or turns the monitor off quickly when you are nearby
- Your child is secretive about their internet activities, or has a meltdown if you accidentally grab their phone
- Is always doing homework on the Internet, but getting behind in school
- May find unexplained pictures, pornography, or other questionable material on devices
- Your child connects with people you do not know
- Your child becomes withdrawn from your family or shows other behavioral changes

Digital Hygiene Safety

Appropriately locking down your digital devices; not sharing passwords and not storing passwords on notes app but rather in a secure app designed specifically for this purpose

Digital Dossier

what you post online is public, permanent, searchable, exploitable, copiable and for sale. Colleges, universities and employers are now using a teens digital dossier as a filtering mechanism.

Viruses and malware (malicious software)

Don't click on any unknown attachments or links received. Also, at best download apps from official app stores: Windows store, Apple apps store, Steam, Amazon app store, Google Play. The #1 way hackers get into your devices is by human error

RATS

Remote Access Trojans – a type of malware that allows people to remotely control your computer and access your webcam. Place tape, yellow sticky or bandage over camera. Also, ensure that you close laptop when not in use. The likelihood of this happening is rare but increases if downloading pirated games, software, and “free” fixing programs or hacking tools.

Ransomware

Also known as "cryptoware" (among many others) it is a malicious program designed to encrypt one's computer, cell phone, or smart TV. You will not be able to access your devices or saved data without paying a ransom fee to the hacker. Often times hackers will impersonate police or government to convince this is legitimate.

Internet Predators

Grooming & Social Engineering: relationships will often be established in chat rooms via a social network or online gaming site

Remember

The internet is a great place for youth to interact online, but, as parents, be aware of some specific live broadcasting sites that youth are visiting: Omegle, Chatroulette, Stickam, YouNow, Live.me, Live.ly, Yellow

Screen time

As caregivers we need to look at the role and effect of screen time on our kids. The important question is not how much time are they spending online, but rather how are they spending their time online;.....are they just being consumers (digital bubblegum), or are they spending most of their time becoming producers/creators/social change makers. There is a difference

Social Networks have now become Digital Resumes - Protect your digital reputation. Remember, there is no such thing as privacy online: everything is public, permanent, searchable, copiable, exploitable and for sale

Be sure to use good security software protection for viruses

<https://www.mcafee.com>

<https://ca.norton.com/>

<https://www.trendmicro.com>

<https://www.bitdefender.com/>

Sexting Definition and Other Term

Far too often, language and research about sexting describes very different behaviours. The list of definitions below is how The White Hatter classifies and uses technological sexual terminology. We believe these are the most accurate and clear explanations of these commonly used terms.

Sexting:

Sexual communication of any kind between technological devices. These behaviours include both sexual messages that may or may not include nude imagery depicting partially naked or fully nude genitalia.

Nude/Intimate Images:

Visual media either photograph or video that contains an individual's genitalia exposed.

Sextortion:

Threats or action of distributing *nude/intimate images* that are weaponized of purposes extortion and blackmail for financial, social, and other personal gains.

Distribution of intimate images:

Knowingly publishing, distributing, transmitting, selling, making available, or advertising an intimate image of a person knowing that the person depicted in the image did not give their consent or being reckless as to whether or not that person gave their consent.

Pornography:

Printed or visual material containing the explicit description or display of sexual organs or activity used in the entertainment industry.

TEEN SEXTORTION – What is it, Examples, and What to Do if Targeted



From January 2020 to December 2022 we have helped 129 teens, all under the age of 18yrs (the youngest was 13yrs), 124 who identified as male, and 5 who identified as female, who were targeted online by a sexualized troll (Capper) and extorted for money or more pictures. Of interest, it all of the cases where a male was targeted the Capper wanted money; in the 5 cases involving a teen girl, the Capper only wanted more pictures. In most cases, the sextortion began in under thirty minutes of initial first contact with a targeted youth. Sextortion by someone the youth or child does not know, love, or trust is a real threat and one that we need to speak to our kids about! "Yes", teen girls can and are being targeted for sextortion online by someone who they don't know, love, or trust. It is so important that youth and teens, no matter what their sexual orientation or gender identity, and their parents become more aware of the pretexts, tactics, and strategies being used specifically to the clear and present threat of online sextortion

<https://youtu.be/UhzNh67luqI>

Teens Sharing Nude/Intimate Images

Canada It is not illegal in Canada for two consenting teenagers under the age of 18 to possess or carry a naked/nude photos of one another with consent, is lawful, and not exploitative

It is **illegal**, however, to distribute it beyond the relationship.

Supreme Court of Canada Cases

- *R. v. Sharpe, [2001] 1 S.C.R. 45, 2001 SCC 2*
- *R. v. M.B., 2016 BCCA 476*
- *R. v. Barabash, 2015 SCC 29, [2015] 2 S.C.R. 522*

USA Each State has its own laws. Some states have similar laws as in Canada, some are very different. Find your local laws here <https://cyberbullying.org/sexting-laws>

Be A Good Role Model

- If you are texting and driving guess what your kids will do when they start to drive
- If you are texting during a f-2-f conversation, guess what your kids will do when you want to have a conversation with them
- If you bring your phone to the dinner table, guess what your kids will want to do when they come to the table
- If you take your phone into your bedroom at night, guess what your kids will want in their bedroom
- If you take your phone into the bathroom, guess what your kids will do when they go into the bathroom
- If you are texting them during class, guess what your kids will do with their friends during class

Remember parents, are digital role models to kids. Digitally distracted parents often cultivates digitally distracted tweens and teens. What we do as parent with our technology matters!